



TOWN OF NORTH HEMPSTEAD SUPERVISOR JENNIFER DeSENA, COUNCILMEMBER  
 ROBERT TROIANO Jr., THE TOWN BOARD, AND THE "YES WE CAN" COMMUNITY CENTER  
 PRESENTS:

# OPEN GYM

ACTIVE MEMBERSHIP REQUIRED  
 EFFECTIVE MAY 2ND, 2022

OPEN GYM		ADULT OPEN GYM MUST BE <u>18</u> YEARS OR OLDER	
DAY	TIME	DAY	TIME
MONDAY	6:00PM - 8:45PM*	MONDAY	7:00AM - 2:30PM
TUESDAY	6:00PM - 8:45PM	TUESDAY	7:00AM - 2:30PM
WEDNESDAY	6:00PM - 8:45PM	WEDNESDAY	7:00AM - 2:30PM
THURSDAY	NO OPEN GYM	THURSDAY	7:00AM - 2:30PM
FRIDAY TEEN CENTER	6:00PM - 8:45PM	FRIDAY	7:00AM - 2:30PM
SATURDAY	9:00AM - 1:00PM (HALF) 1:00PM - 8:45PM	SATURDAY	7:00AM - 9:00AM
SUNDAY	9:00AM - 8:45PM	SUNDAY	7:00AM - 9:00AM

- Face masks are required at all times.
- Active YWC membership required for access to the gymnasium during open gym hours.
- Holiday times may vary.
- Schedule subject to change.

## "YES WE CAN " COMMUNITY CENTER

(516) 876 - 4430 or (516) 876 - 4431

yeswecan@northhempsteadny.gov

northhempsteadny.gov/YesWeCanCenter

yeswecancc

yeswecancenter

