

TOWN OF NORTH HEMPSTEAD

Michael J. Tully, Jr. Park

Aquatic Activity Center
1801 Evergreen Avenue
New Hyde Park, NY 11040
Phone: (516) 869-6311

<http://www.north Hempsteadny.gov>

The Aquatic Activity Center is an
accessible facility



Jennifer DeSena
Town Supervisor

Kelly Gillen
Acting Commissioner of Parks

SPRING 2022 PROGRAMS

TUESDAY & THURSDAY CLASSES

MAY 3 - AUGUST 11

AQUACISE: 9:30am—10:30am

\$45 FOR MEMBERS ONLY

*CLASS WILL NOT MEET ON AUG. 2 & AUG. 4

CARDIO CORE: 11:00am-12:00pm

\$45 MEMBER

\$224 NON MEMBER

\$269 NON RESIDENT

*CLASS WILL NOT MEET ON AUG. 2 & AUG. 4

YOGA: 12:15pm—1:15pm

\$45 MEMBER

\$224 NON MEMBER

\$269 NON RESIDENT

*CLASS WILL NOT MEET ON AUG. 2 & AUG. 4

DEEP WATER AQUACISE: 1:30pm—2:30pm

\$45 FOR MEMBERS ONLY

*CLASS WILL NOT MEET ON AUG. 2 & AUG. 4

NEW! -LIFEGUARD TRAINING COURSE

AMERICAN RED CROSS BLENDED LIFEGUARD TRAINING COURSE AT
TULLY PARK AQUATIC ACTIVITIES CENTER

MONDAYS & WEDNESDAY 4:30PM -7:30PM

(PLUS 1 SATURDAY 2pm -5pm)

APRIL 11 PRE-TEST /CLASSES BEGIN APRIL 25TH

PRE-TEST REQUIRED - ASK FOR DETAILED FLYER AT FRONT DESK!

CHILDREN'S SWIM LESSONS SATURDAYS

APRIL 9 – MAY 21

(No classes APRIL 16)

ONLY FOR RESIDENTS

GUPPIES: 9:50am—10:20am (6 months – 3 years old)

\$45 MEMBER \$95 NON MEMBER

DOLPHINS: 7:50am-8:20am (3 yrs – 5 yrs old)

\$45 MEMBER \$95 NON MEMBER

WHALES: 8:30AM-9:00am (3 yrs – 5 yrs old)

\$45 MEMBER \$95 NON MEMBER

SUNFISH: 9:10am—9:40am (5 yrs old only)

\$45 MEMBER \$95 NON MEMBER

THESE CLASSES ALL RUN FOR 50 MINUTES.

LEVEL 2: 8:50am OR 9:50am

\$75 MEMBER \$110 NON MEMBER

LEVEL 3: 7:50am OR 10:50am

\$75 MEMBER \$110 NON MEMBER

LEVEL 4: 7:50am OR 9:50am

\$75 MEMBER \$110 NON MEMBER

LEVEL 5: 8:50am

\$75 MEMBER \$110 NON MEMBER

LEVEL 6: 10:50am

\$75 MEMBER \$110 NON MEMBER

PREREQUISITE TO SWIM LESSONS AT TULLY PARK

WE WILL BE ASSESSING CHILDREN'S SWIMMING ABILITIES TO DETERMINE THE SWIM LEVEL IN WHICH TO REGISTER YOUR CHILD.

****ASSESSMENTS WILL BE THE WEEK BEFORE REGISTRATION.
PLEASE MAKE YOUR APPOINTMENT AT THE FRONT DESK.****

ADULT SWIM LESSONS

ADULT SWIM LESSONS: 11:00am-11:30am

WEDNESDAYS ONLY: April 13 – May 25 (no class April 20)

\$45 MEMBER \$80 NON MEMBER

ADULT SWIM LESSONS: 6:50pm-7:20pm

THURSDAYS ONLY: April 14 – May 26 (no class April 21)

\$45 MEMBER \$80 NON MEMBER

Program Registration for Aquatic Activity Center/ Members

Begins Saturday, March 19, 2022 9am—4:30pm

Program Registration for Non-Members of the Aquatic Activity Center/ Residents

Begins Saturday, March 26, 2022 9am—4:30pm

MUST SHOW PROOF OF RESIDENCY (PHOTO ID ie: Drivers' License)

MUST SHOW BIRTH CERTIFICATE FOR CHILDREN

Program Registration for Non-Residents

Begins Monday, April 4, 2022 9am—7pm

(available for select exercise classes only)

Payment Methods: Visa, MasterCard, check or money order,
made payable to:

The Town of North Hempstead

NO CASH ACCEPTED

NO REFUNDS

THERE ARE NO REFUNDS AND NO MAKE UP CLASSES!