

| Radio Show Schedule 4-26-19 | | | | | |
|-----------------------------|----------------------------|--|--------------|--|--|
| | Host | Guests/Contact Info | Producer | Subject | |
| 15 Min Segments | | | | | |
| 10-10:15AM | John Ryan Ruth Wolosoff | Gail Adams (7 in Heaven Singles) | Kristina Lew | 7 in Heaven Singles- Events & Activities for Singles | |
| 10:15-10:30AM | John Ryan Ruth Wolosoff | Gail Adams (7 in Heaven Singles) | Kristina Lew | 7 in Heaven Singles- Events & Activities for Singles | |
| 10:30-10:45AM | John Ryan Ruth Wolosoff | Steve Della Croce, MS, RDN, CDN (Registered Dietitian and Nutritionist) | Kristina Lew | Nutrition for Seniors | |
| 10:45-11AM | John Ryan Ruth Wolosoff | Steve Della Croce, MS, RDN, CDN (Registered Dietitian and Nutritionist) | Kristina Lew | Nutrition for Seniors | |
| 11-11:15AM | John Ryan Ruth Wolosoff | Barbara Grapstein (Co-founder of Healing Headbands Project) | Kristina Lew | Healing Headbands Project | |
| 11:15-11:30AM | John Ryan Ruth Wolosoff | Barbara Grapstein (Co-founder of Healing Headbands Project) | Kristina Lew | Healing Headbands Project | |
| 11:30-11:45AM | John Ryan Ruth Wolosoff | Kristina Lew (Senior Citizen Program Development Specialist for TONH Dept of Services for the Aging/Producer of Radio Show) | Kristina Lew | Talk of the Town | |
| 11:45-12PM | John Ryan Ruth Wolosoff | Kristina Lew (Senior Citizen Program Development Specialist for TONH Dept of Services for the Aging/Producer of Radio Show) | Kristina Lew | Talk of the Town | |
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