

Radio Show Schedule 10-2-20					
	Host	Guests/Contact Info	Producer	Subject	
15 Min Segments					
10-10:15AM	Rebecca Miller Otto Lohse	Kristina Lew (Senior Citizen Program Development Specialist for TONH Dept of Services for the Aging/Producer of Radio Show)	Kristina Lew	Mindfulness & Relaxation Tips during COVID-19 Stress	
10:15-10:30AM	Rebecca Miller Otto Lohse	Kristina Lew (Senior Citizen Program Development Specialist for TONH Dept of Services for the Aging/Producer of Radio Show)	Kristina Lew	Mindfulness & Relaxation Tips during COVID-19 Stress	
10:30-10:45AM	Rebecca Miller Otto Lohse	Kristina Lew (Senior Citizen Program Development Specialist for TONH Dept of Services for the Aging/Producer of Radio Show)	Kristina Lew	Mindfulness & Relaxation Tips during COVID-19 Stress	
10:45-11AM	Rebecca Miller Otto Lohse	Kristina Lew (Senior Citizen Program Development Specialist for TONH Dept of Services for the Aging/Producer of Radio Show)	Kristina Lew	Mindfulness & Relaxation Tips during COVID-19 Stress	
11-11:15AM	Rebecca Miller Otto Lohse	Kristina Lew (Senior Citizen Program Development Specialist for TONH Dept of Services for the Aging/Producer of Radio Show)	Kristina Lew	Talk of the Town via Zoom	
11:15-11:30AM	Rebecca Miller Otto Lohse	Kristina Lew (Senior Citizen Program Development Specialist for TONH Dept of Services for the Aging/Producer of Radio Show)	Kristina Lew	Talk of the Town via Zoom	
11:30-11:45AM	Rebecca Miller Otto Lohse	Kristina Lew (Senior Citizen Program Development Specialist for TONH Dept of Services for the Aging/Producer of Radio Show)	Kristina Lew	Talk of the Town via Zoom	

11:45-12PM	Rebecca Miller Otto Lohse	Kristina Lew (Senior Citizen Program Development Specialist for TONH Dept of Services for the Aging/Producer of Radio Show)	Kristina Lew	Talk of the Town via Zoom	